

# Strength Scriptures Resource TOR 2022

**PLAY INTRO:** Hello and welcome. You are listening to a Times Of Refreshing original audio product, created to challenge perceptions, inspire transformation, and impact lives by releasing His truth. Join Pastor Anne as she ministers the Word.

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Hi everyone: Welcome to our Strength scriptures activation. One of the definitions of strength is "the capacity to withstand great force or pressure." Do you ever feel overwhelmed? Unable to do what you are supposed to do? In over your head? God's answer for those pressures is to be filled with His supernatural strength. His strength comes from His power. It is perfected in our weakness and is released from our spirits within us. Just like you can use weights to increase your muscle strength, you can use the Word of God to increase your inner strength. There are rich rewards to those who believe and operate in spiritual strength.

**Download the free PDF on our website and follow along with me, as we speak over ourselves and receive strength from the Lord. These scriptures are based on the New International and New King James versions.**

1. Colossians 1:11 – It is written: I am strengthened with all might, according to His glorious power, for all patience and longsuffering with joy.
2. Ephesians 3:16 – It is written: that He grants me, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man.
3. Philippians 4:13 – It is written: I can do all things through Christ who strengthens me.
4. 2 Samuel 22:33 – It is written: God is my strength and power, and He makes my way perfect.
5. Luke 22:43 – It is written: His angels can appear from heaven, and strengthen me.

6. 2 Corinthians 12:9 – It is written: But He said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me.

7. 2 Timothy 4:17 – It is written: But the Lord stands at my side and gives me strength, so that through me the message might be fully proclaimed and all the unsaved might hear it. And I am delivered from the lion’s mouth.

8. 1 Peter 5:10 – It is written: And the God of all grace, who called me to his eternal glory in Christ, after I have suffered a little while, will himself restore me and make me strong, firm and steadfast.

9. Nehemiah 8:10 – It is written: for the joy of the Lord is my strength.

10. Psalms 18:2 – It is written: The Lord is my rock and my fortress and my deliverer; My God, my strength, in whom I will trust; My shield and the horn of my salvation, my stronghold.

11. Psalms 18:32 – It is written: It is God who arms me with strength and makes my way perfect.

12. Psalms 18:39 - It is written: For you have armed me with strength for the battle; You have subdued under me those who rose up against me.

13. Psalms 20:2 - It is written: He sends me help from the sanctuary, and strengthens me out of the Church.

14. Psalms 20:6 – It is written: Now this I know, the Lord gives victory to his anointed. He answers him from his heavenly sanctuary with the victorious power of his right hand.

15. Psalms 22:19 – It is written: But You O Lord, do not be far from Me; O My strength, hasten to help me!

16. Psalms 27:1 – It is written: The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid?

17. Psalms 27:14 – It is written: Wait on the Lord; be strong and take heart and wait for the Lord.

18. Psalms 28:7 – It is written: The Lord is my strength and my shield; My heart trusted in Him, and I am helped; Therefore, my heart greatly rejoices, and with my song I will praise Him.

19. Psalms 28:8 – It is written: The Lord is the strength of his people, a fortress of salvation for his anointed one.

20. Psalms 29:11 – It is written: The Lord will give strength to His people; The Lord will bless His people with peace.

21. Psalm 31:4 – It is written: Pull me out of the net which they have secretly laid for me, for You are my strength
22. Psalm 31:24 – It is written: I am courageous, and He shall strengthen my heart, because I hope in the Lord.
23. Psalm 37:39 – It is written: But the salvation of the righteous is from the Lord; He is my strength in time of trouble.
24. Proverbs 3:7-8 – It is written: I am not wise in my own eyes; I fear the Lord and shun evil. This will bring health to my body and nourishment to my bones.
25. Proverbs 10:29 – It is written: The way of the Lord is strength for the upright, but destruction will come to the workers of iniquity.
26. Isaiah 12:2 – It is written: Behold, God is my salvation, I will trust and not be afraid; for YAH the Lord, is my strength and song; He also has become my salvation.
27. Isaiah 26:4 – It is written: Trust the Lord forever, for in YAH, the Lord, is everlasting strength.
28. Isaiah 30:15 – It is written: For thus says the Lord God, the Holy One of Israel: "In returning and rest you shall be saved; in quietness and confidence shall be your strength."
29. Isaiah 40:9 – It is written: He gives power to the weak, and to those who have no might He increases strength.
30. Isaiah 40:31 – It is written: But those who wait on the Lord shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, they shall walk and not faint.
31. Isaiah 41:10 – It is written: Fear not, for I am with you; Be not dismayed for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with my righteous right hand.

**We've come to the end of these Strength Scriptures. Remember that you are a powerful being of God, clothed in righteousness and salvation (Isaiah 61:10). Today you have partnered with the Holy Spirit to declare the supernatural strength that He freely gives His beloved. Thank you for listening and remember, God has something good for you today!**

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